

## PRODUCT HIGHLIGHTS

The unique design of the Discovery Series Plate Loaded Hack Squat eliminates loading of the shoulders and the resultant compression of the spine. The intuitive seat design places the user in a more natural and comfortable upright position. The load is placed directly on the hips where it is better stabilized and recruits more of the targeted muscles of the lower body. Easy entry and exit access and the oversized, curved, non-slip foot platform provide a secure platform that includes a built in calf raise lip.

## HACK SQUAT-DPL0603

# DISCOVERY™ SERIES



## PRODUCT FEATURES

### Natural Body Positioning

The upright body positioning of the unique “hip sled” design loads the resistance on the hips instead of the spine, resulting in a comfortable, effective, and targeted lower body exercise.

### Curved Foot Platform

The curved foot platform provides stable positioning and allows the exerciser to maintain constant foot contact throughout the range of motion. The added calf raise lip provides a purposeful edge to perform calf raise exercises.

### Easy-to-Use Adjustments

Open access to the seat assembly, ergonomically positioned, fixed seat handles, and an intuitive “On/Off” carriage lock lever create a product that a wide range of exercisers can use effectively and with confidence.

### Weight Plate Storage

Weight plate storage is optimized for easy loading and unloading with weight plate horns positioned at a height that is within reach for a wide range of exercisers.

### Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

## PRODUCT SPECIFICATIONS

Dimensions: 64 x 49 x 72 in / 163 x 123 x 183 cm

Equipment Weight: 575 lb / 260 kg

Weight Stack: 240 lb / 109 kg

Incremental Add-on Weight: 5 lb / 2.3 kg

Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

### Standard Color Options

Frame	Carriage	Frame	Carriage
Gloss Metallic Silver	Metallic Ash	Metallic Ash	Gloss Metallic Silver
Desert Bronze	Gloss Metallic Silver	Black Magic Gloss	Metallic Ash
Gloss White	Metallic Ash	Black Pearl	Metallic Ash

### Upholstery

All Spice	American Beauty	Black	Blue Jay	Burgundy	Deep Clay
Grey	Hunter Green	Navy	New Purple	Regal Blue	Slate

\* Colors may vary.  
\* Custom colors available.  
Please contact a Precor Sales Representative.