



DISCOVERY™ SERIES  
Plate Loaded Line



# DPL0603

## Hack Squat

The Discovery Series combines all the functional performance elements demanded from a strength line but with the design and attention to detail you would expect from Precor. The result is an exceptional workout experience for the first-time user or seasoned athlete.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services and technologies we offer can be combined in countless ways to complement the programs and atmosphere you're creating.

**PRECOR**<sup>®</sup>  
Fitness Made Personal

# DPL0603

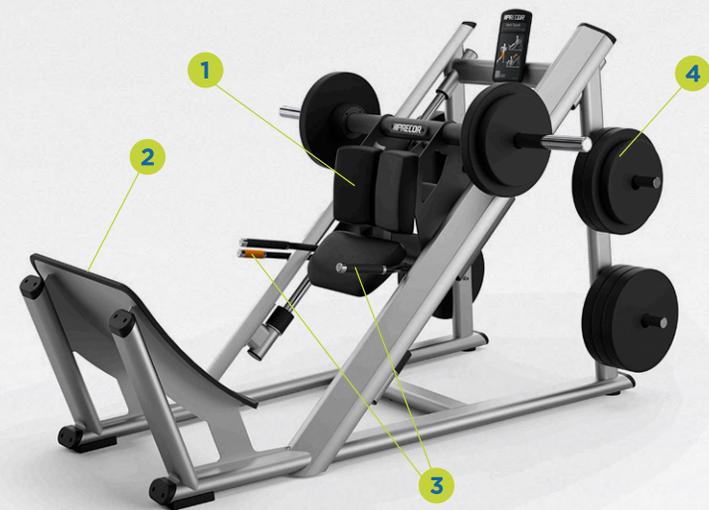
## Hack Squat

## DISCOVERY™ SERIES Plate Loaded Line

The unique and intuitive seat design of the Discovery Series Plate Loaded Line Hack Squat places the user in a more natural and comfortable upright position. The resistance load is placed directly on the hips where it is better stabilized and recruits the muscles of the lower body. The oversized, curved, non-slip foot platform provides secure positioning and includes a built in calf raise lip.

### PRODUCT HIGHLIGHTS

- 1 Natural Body Positioning**  
The upright body positioning of the unique “hip sled” design loads the resistance on the hips instead of the spine, resulting in an effective, targeted lower body exercise that is comfortable and intuitive.
- 2 Curved Foot Platform**  
The unique, curved foot platform maintains constant foot contact throughout the range of motion and provides stable positioning. The added Calf Raise Lip provides a purposeful edge to effectively perform calf raise exercises.
- 3 Easy to Use**  
Open access to the seat assembly; ergonomically positioned, fixed seat handles; and an easy to use “On/Off” carriage lock lever create a machine that a wide range of exercisers can use effectively and with confidence.
- 4 Weight Plate Storage**  
Weight plate storage is optimized for easy loading and unloading with weight plate horns positioned at a height that is within reach for a wide range of exercisers.



See it in action at [www.precor.com](http://www.precor.com)

[www.precor.com/VPL-603](http://www.precor.com/VPL-603)

#### Standard Color Options

##### Frame



##### Movement Arms



##### Upholstery



- Colors may vary.
- Custom colors available. Please contact a Precor Sales Representative.

### PRODUCT SPECIFICATIONS

**Dimensions (L x W x H):** 83 x 63 x 56.5 in / 211 x 160 x 144 cm

**Product Weight:** 455 lb / 206 kg

**Starting Weight:** 89 lb / 40 kg

**Max Load Weight:** 720 lb / 327 kg

**Weight Storage Horns:** 4

**Frame and Finish:** Oversized tubes are 11-gauge steel and fully welded in all structural areas. Powder coated frames.

**Upholstery:** Premium quality upholstery with double stitching on all seams.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

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