OUT-FIT®
Fitness Equipment for a **Healthy Lifestyle**

PRODUCT HIGHLIGHTS

The Vitality™ Series Multi-Press features 3 machines in one: bench press, incline press, and shoulder press. Users can adjust press arm and seat while on the machine. Comfortable, oversized grips with multiple positions and simple seat adjustment make it easy for users to get in position for proper exercise form. Users can easily engage the add-on weight with a simple push of a lever to increase the work load.

MULTI-PRESS-C024ES

VITALITY™ SERIES

PRODUCT FEATURES

Adjustable Start Position
Comfortable, oversized grips with multiple positions and a simple seat adjustment make it easy for exercisers to get in position for proper exerciser form.

Three Exercises, One Machine
The unit accommodates three pressing movements — bench press, incline press, and shoulder press — all in one product.

Similar to Free Weight Positions
When using the Multi-Press, exercisers will quickly realise how similar it feels to using free weights for the same exercises.

Add-On Weight
Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

Instructional Placard
Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

PRODUCT SPECIFICATIONS

Dimensions (L x W x H): 183 x 150 x 178 cm
Equipment Weight: 258 kg
Weight Stack: 109 kg
Incremental Add-on Weight: 3.5 kg
Frame and Finish: Oversized 4x2-inch frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.

Standard Color Options

Frame	Upholstery
Gloss Metallic Silver	Black

Upholstery - Optional

All Spice	American Beauty	Black	Blue Jay	Burgundy	Deep Clay
Grey	Hunter Green	Navy	New Purple	Regal Blue	Slate

• Colors may vary.
• Custom colors available. Please contact a Precor Sales Representative.

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